

Book Review of Child, Adolescent and Family Refugee Mental Health: A Global Perspective

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INTRODUCTION

Child, Adolescent and Family Refugee Mental Health book provide a summary of the latest theoretical perspectives from research on sociocultural dimensions of mental health and connect them with clinical insights from the provision of functional mental health services. Clinical practice in refugee mental health may be enriched by the use of strength-based, resilience-oriented and family-centered methods, but clinicians must translate the emerging research into specific steps and strategies

In refugee children and families, this includes additional expertise for the evaluation and treatment of mental health problems.

The chapters in this book are written using global, multi-disciplinary methods by a diverse group of writers. The chapters include examples from different contexts, including displaced refugees to neighboring countries, moving refugees, and relocation environments for refugees and asylum seekers. Therefore, this book is a unique resource for physicians, scientists and policymakers working around the world on the mental health problems of refugee children and adolescents

This book is completely reorganized into 17 basic chapters using strengths-based, resiliency-oriented and family-centered approaches that can enrich clinical practice in refugee mental health. The sections of the book include more than 16 sections review related Bridging the Humanitarian, Academic, and Clinical Fields toward the Mental Health of Child and Adolescent Refugees”, then provides detailed advice on Children and Adolescents in Conflict and Displacement in Chapter 2, also talked about Unpacking Context and Culture in Mental Health Pathways of Child and Adolescent Refugees, Supporting Mental Health in Young Refugees: A Resilience Perspective.

In addition to the previous chapters, this book discusses Principles of the Mental Health Assessment of Refugee Children and Adolescents, Conducting the Mental Health Assessment for Child and Adolescent Refugees, UNICEF Community-Based Mental Health and Psychosocial Support (MHPSS) Operational Guidelines.

On the other hand, the book provides light and detailed information about Clusters Mental Health Symptom in Refugee Children and Adolescents, Grief and Loss in Displaced and Refugee Families, Intervention to resolve the Impact of Stress and Trauma on Refugee Children and Adolescents Resettled in High-Income Countries, Depression and Anxiety in Refugee Children, Substance Use Among Refugee and Conflict-Affected Children and Adolescents, Children and Adolescents with Developmental Disabilities in Humanitarian Settings, Severe Mental Disorders and Neuropsychiatric Conditions in Refugee Children and Adolescents.

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Also, this book offers details on Transforming Theory into Intervention Programs including What My Grandmother Would Have Taught Me: Enhancing Resilient Behavior in Unaccompanied Young Males in Denmark – A Pilot Project, A Family-Centered Approach to Working with Refugee Children and Adolescents, Engaging Refugee Families in a Family-Strengthening Intervention to Promote Child Mental Health and Family Functioning, Correction to Supporting Mental Health in Young Refugees: A Resilience Perspective.

So that, in the field of Child, Adolescent and Family Refugee Mental Health, the book takes a very significant step forward, as this central mental health knowledge and practice have become one of the most important medical specialties.

I was very interested in reading this novel. Pediatricians, psychologists, pediatric & psychiatric nurses and medical students, all environments, psychiatrists and pediatricians caring for the mental wellbeing of children and adolescents will be their goal.

REFERENCE

- [1] **Song, S. J., & Ventevogel, P. (2020).** Child, Adolescent and Family Refugee Mental Health. Springer International Publishing. Date of Publication: April 15, 2020. Place of Publication: United States of America. Print ISBN: 978-3-030-45277-3 and Online ISBN: 978-3-030-45278-0. DOI: <https://doi.org/10.1007/978-3-030-45278-0>, Pp275.